For the students of ITB, ITT, MU, NCAD, NCI, RCSI, TCD & UCD

# VOLUNTER TODAY



Learn new skills, make friends and help your fellow students!

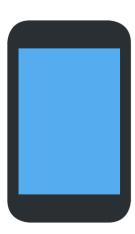


NiteLine is a listening and information service run by students for student. Students can contact NiteLine by phone (1800 793 793) or on instant messaging via www.niteline.ie.

We offer a confidential, anonymous, non-judgemental and non-directive service. Volunteers will undergo a challenging, extensive and rewarding training process.

NiteLine recruit both call-taking volunteers and publicity volunteers.

All our volunteers develop valuable, life-long skills and experience by volunteers. Offering students incredible personal and professional opportunities. Skills include:



Active Listening
Leadership
Event Management
Teamwork
Public Speaking

#### **FAQs** for volunteering

#### 1. Who can join NiteLine?

Any student of ITB, ITT, MU, NCAD, NCI, RCSI, TCD & UCD are encouraged to apply for NiteLine. NiteLine accepts students of all ages, genders and academic backgrounds.

## 2. What's the difference between a publicity and call-taking volunteer?

Publicity volunteers do not take calls, instead they run events on their respective campuses to raise awareness about NiteLine throughout the year.

### 3. How much training is involved with being a publicity volunteer?

Publicity volunteers attend a 60 minute workshop before being able to represent NiteLine on their campus.

## 4. How much training is involved with becoming a call-taking volunteer?

This involves approx. 24 contact hours with our training team. It will take place over 2 weekends or 8 consequecutive weekly sessions. We will try and suit all applicants' schedules as best we can.

### 5. Where does this training take place?

Publicity training will take place on your campus, whereas training for call-taking volunteers will take place in Dublin city centre.

#### 6. How often do volunteers take calls?

Volunteers typically do two shifts a month. Volunteers are able to submit their availability a month in advance and can swap shifts if necessary.

7. How do volunteers get home when their shift ends? NiteLine provides free taxis for all its volunteers, ensuring everyone gets home safely once we close at 2.30am.

Contact training@niteline.org for more information